



## Kidney disease is more common among African Americans<sup>1</sup>

Kidney disease, including Focal Segmental Glomerulosclerosis (FSGS), occurs at higher rates among Black Americans.<sup>1,2</sup> It's important to know about kidney disease risks, so you can take steps to help protect your kidney health.

### If you are African American, know there's a higher risk of kidney disease<sup>1</sup>

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**1 in 3** people with kidney failure are Black American—while making up just **13%** of the US population<sup>3</sup>



**FSGS carries a risk that's 4x higher** among Black Americans than the general US population<sup>2</sup>



If you are at higher risk, be **proactive** to help protect your kidney health

- Visit your doctor or clinic regularly for a kidney health check
- Take control of your health
- Talk to your healthcare professional about your risk factors

This information and more kidney education can be found at [traverse.com/nationalkidneymonth](https://traverse.com/nationalkidneymonth)

## References

**1.** DaVita® Kidney Care. Risks for chronic kidney disease in African Americans. <https://www.davita.com/education/kidney-disease/risk-factors/risks-for-ckd-in-african-americans>. Accessed February 4, 2021. **2.** NephCure Kidney International. Include 'FSGS' in the FY16 department of defense peer-reviewed medical research program. <http://nephcure.org/wp-content/uploads/2015/08/DOD-FSGS-Details.pdf>. Accessed February 16, 2021. **3.** National Institute of Diabetes and Digestive and Kidney Diseases. Race, ethnicity, & kidney disease. <https://www.niddk.nih.gov/health-information/kidney-disease/race-ethnicity>. Accessed February 3, 2021.